

How to Whiten Aging Yellow Teeth

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Whitening Toothpaste

- Start with a quality whitening toothpaste.
- Use it daily for gradual teeth whitening.
- Contains mild abrasives to remove surface stains.



Bleaching Trays

- Custom-fit trays for even application.
- Fill with a peroxide-based gel.
- Wear as directed for desired results.

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Deep Bleaching

- Professional or in-office teeth whitening treatment.
- Uses high-concentration bleach.
- Rapid and effective whitening.



Porcelain Veneers

- Thin, custom-made shells for teeth.
- Cover discoloration and imperfections.
- Offers a permanent, bright smile.

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Brushing Your Teeth

- Brush at least twice a day.
- Use a soft-bristle toothbrush.
- Focus on proper technique.



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Disclaimer:

Always consult a dentist for professional advice before starting any teeth whitening treatment.